



Ice Rink & Sports Complex

## Half Day Camp Itinerary

# Hockey Skill Development Led by Hiram College Men's Hockey Team

July 6-10 | 8:30am-1:00pm

All Levels

## Overview

### Summary:

This Hockey Skills Development Camp is led directly by members of the Hiram College Men's Hockey Team, giving players the unique opportunity to train with collegiate athletes who actively compete at a high level. Camp sessions focus on building strong fundamentals, improving hockey IQ, and developing the skills needed to play faster and more confidently in game situations.

### What Players Can Expect:

- High-energy, positive, on-ice instruction tailored to skill level
- Train with college players. Learn what it takes to play at the next level.
- Learn drills and skills used at the collegiate level
- Team-building games and fun challenges
- On-ice skill sessions focused on skating, puck control, passing, shooting, and game concepts
- Scrimmages and competitive challenges
- Fun with The Pond's Arctic Alley Synthetic Ice Shooting Lane
- Daily Off-Ice conditioning

## Itinerary

**8:30am** Drop off, check-in, lace up!

**9:00am-10:00am** On ice skills session

**10:10am-11:05am** Snack / change to shorts and tennis shorts / Off Ice Conditioning

**11:10am-12:00pm** Power skating & edge class or scrimmage time

**12:00pm-12:30pm** Arctic Alley shooting tips!

**12:30pm-1:00pm** Q&A session with Hiram hockey players

**1:00pm** Parent pick up