



Ice Rink & Sports Complex

Full Day Camp Itinerary

Aurora Schools Developmental Hockey Summer Camp

June 1-4 | 8:30am-4:30pm

All Levels

Overview

Summary:

This 4-day Developmental Hockey Summer Camp led by the Aurora Varsity Hockey coaching staff is designed for motivated athletes who want to build strong fundamentals and elevate their overall game. The camp focuses on skill development, hockey IQ, and athletic performance in a fun, high-energy environment.

What Players Can Expect:

- On-ice skill sessions focused on skating, puck control, passing, shooting, and game concepts
- Off-ice training working on strength, agility, speed, balance, and injury prevention.
- Age-appropriate coaching and small group instruction
- Emphasis on confidence, work ethic, and smart decision making on the ice

Requirements:

- Previous Skating experience required.
- Full hockey gear required (including helmet, gloves, shin pads, elbow pads, shoulder pads, hockey pants, skates, sticks, neck guard, and mouthguard).
- Players must be entering Middle School or High School. Exceptions will be made based on experience.

Itinerary

8:30am	Drop off, check-in, lace up!
9:00am-10:00am	On ice skills session
10:10am-11:10am	Snack / change to shorts and tennis shorts / off ice conditioning
11:20am-12:20pm	Power skating & edge class, or scrimmage time
12:30pm-1:30pm	Bring your packed lunch
1:40pm-2:40pm	On ice skills
2:50pm-3:50pm	Q&A Session (meals and drinks provided)
4:00PM-4:30PM	Game room time & parent pick up