



The POND Summer Mites & Squirts Training Camp

June 6th – June 11th from 8:00 AM to 12:20 PM

- **13 hours of on-ice training** - a that's a lot of ice and a GREAT value!!
- **5 hours of off-ice instruction** - including dryland & "chalk talks"
- Options for additional 3 hours of semi-private instruction

We will focus on USA Hockey's American Development Model stages 2 & 3 (Fundamentals and Learn to Train). This is the time when a foundation is laid for future acquisition of more advanced movement abilities and hockey skills.

Curriculum on and off ice will address:

- Skating mechanics
- Puck control
- Passing/receiving
- Small area games
- Hockey sense & IQ
- Positioning
- Shooting
- Basic plays

All for \$325

Logistics: Please pack your lunch & snacks Mon-Thurs. A pizza lunch is included on Friday!

Register at www.ilovethepond.com

Coach Caccamo (Coach "Cac" as known to his players) started playing hockey in 1980 and has over 20 years of coaching experience in multiple sports, including at the AAA level for goalies and skaters. He is a CEP Level 3 USA Hockey certified coach, the Head Coach for the Geauga Wolverines High School Hockey Team and is responsible for The Pond's Developmental Hockey programs. His focus is making the fundamentals understandable and learn the "why" behind techniques. He can still remember being frustrated as a child not being able to do certain techniques and the instruction was little more than "do this." He can relate to the challenges many beginners face. His goal is to instill a strong grasp of the fundamentals, self-discipline and confidence that will serve the student well in hockey and in life.