

SARA FRESCH

Figure Skating Instructor

SARA CAN BE FOUND TEACHING ON THE FOLLOWING POND PROGRAMS:

- AM private lessons (Before School) -Tues.&Thurs. 6am-8:30am
- Saturday LTS & Private lessons
- Sunday LTS & private lessons

Private Lesson Availability

- Club Ice:** Sunday 4:20 PM
- Freestyle:** Tuesday 6-8 AM, Thursday 6-8 AM, Saturday 11:05-12:05
- Public Skate:** Saturday 12:45-2 PM, Sunday 12:30-1:30 PM

OFFICE USE ONLY:

Private Lesson Placement (review every 9 wks.) _____ **By** _____

1. DATE: NAME:
 EMAIL:
2. DATE: NAME:
 EMAIL:
3. DATE: NAME:
 EMAIL:
4. DATE: NAME:
 EMAIL:

~~PIPELINE FOR SKATER SUCCESS ...TOPICS TO ASK YOUR COACH ABOUT:~~

COACH BIO:

Sara was a competitive figure skater for many years and has 6 years experience as an instructor. She trains several hours a week to improve her own skating skills as a benefit to her students. Sara is certified with Learn to Skate USA and the United Skates Figure Skating Association as well as a member of the Professional Skater's Association. Her focus is helping skaters of all ages and skill levels achieve their skating goals.

Preferred Contact Info:

PHONE: 330-569-4994 Texting welcome

EMAIL: sarajfresch@gmail.com

For Live Schedule Info:
SkateAtThePond.com

Program or Ice Availability Info?

Elisa@SkateAtThePond.com

Lori@SkateAtThePond.com

Our goal is to create a strong figure skating presence at The Pond.

There are many ways to do this.

It is sometimes difficult to navigate and know what your options are.

There are only 2 questions to answer:

1. What skill and interest level does your skater have?
2. And what day works best for you and your skater?

"Remember your skater will only be as successful as your game plan." So, make it convenient, allow for the frequency and consistency your child needs for success!"